

BABY'S FIRST Year

What you should look for as your child develops



2 MONTHS

CAN HOLD HEAD UP Coos, Makes Gurgling Sounds
Strong Sucking Turns Head Toward Sound
TRIES TO LOOK AT PARENT



4 MONTHS

Weight Doubled from Birth Follows Moving Things
REACHES FOR TOY WITH ONE HAND
Babbles Copies Sounds he/she Hears



6 MONTHS

Eats Solid Foods (Puree) MAKING SOUNDS
Responds to Own Name Likes to Play with Others
Begins to say Consonant Sounds ("M" "B")



9 MONTHS

Solid Foods (Mashed Fruit & Veggies)
Responds to Name PLAYS PEEK A BOO
USES FINGER TO POINT **Understands "No"**



1 YEAR

Responds to Simple Request
Drinks from a Cup SAYS "MAMA" & "DADA"
Eats Solid Foods - Fruits & Vegetables, Potatoes, Rice, Eggs
BANGS TWO THINGS TOGETHER

DOES YOUR CHILD MEET THESE DEVELOPMENTAL STEPS?
SHARE YOUR CHILD'S PROGRESS WITH YOUR PEDIATRICIAN AT EVERY VISIT

Questions about your child's development?
CALL A PUBLIC HEALTH SPECIALIST TODAY!

1-800-521-7344

