

COVID-19



QUARANTINE

for people with
no symptoms

**Full
14-days
SAFEST**

Quarantine at Home

**After
10-days,
no test**

Quarantine at Home

Released from quarantine, monitor for symptoms, wear a mask, social distance

**After
7-days,
with test**

Quarantine at Home

Released from quarantine after negative test result, monitor for symptoms, wear a mask, social distance

Day 0
Date of most recent exposure

Day 5
Earliest day to get a test

Day 7

Day 10

Day 14

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