

BENEFITS OF HOME VISITING

1

MOMS AND BABIES ARE HEALTHIER

During and after pregnancy, home visiting programs promote maternal health by helping mothers schedule regular doctor's visits, improve diets, reduce stress levels, and quit smoking or substance abuse. Babies benefit as well.

2

CHILDREN ARE BETTER PREPARED FOR SCHOOL

Home visiting programs encourage beneficial parenting practices that help families better prepare their children for school. Parents enrolled in home visiting programs are more likely to have a safe play environment at home, provide age-appropriate books, and engage children in structured teaching activities.

3

CHILDREN ARE SAFER

Home visiting programs are associated with reduced rates of child maltreatment and injuries. Mothers who participate in home visits also have lower stress levels and increased sensitivity during interactions with their children.

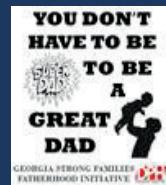
4

FAMILIES ARE MORE SELF-SUFFICIENT

Mothers with higher levels of education work more hours, have higher family income levels, and provide more cognitively stimulating home environments for their children. Participating in a home visiting program leads to higher rates of enrollment and more hours spent in educational or training programs.



Parents as Teachers.
Affiliate



ENROLL NOW

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GEORGIA STRONG FAMILIES

A HEALTHY START PROGRAM

*Investing in
Families,
Strengthening our
Community.*



WHO WE ARE

The Georgia Strong Families Program is a Healthy Start Initiative, focused on improving the health of women, babies, and families before, during, and after pregnancy. Georgia Strong Families provides resources, support, and the help that moms, newborns, and families need to have a healthy pregnancy and healthy birth. Georgia Strong Families offers home visitation services and prenatal group sessions using the Parents as Teachers and Partners for a Healthy Baby curriculums. We serve pregnant women, families, & caregivers of children from birth up to 18 months of age in Muscogee County.



PRECONCEPTION PROJECT

Preconception refers to an individual who has no children and has either never been pregnant, delivered a stillborn infant, or has previously had a miscarriage or abortion. We work to improve women's health and knowledge of pregnancy, enhance their access to quality care, discuss reproductive life planning (such as contraception options and planning pregnancy), and promote education, screenings, and treatment for women. Participants receive quarterly mailings that include health education and community resource information throughout a 12-month period. Please call for more information about enrollment.



WHAT WE DO

Development Screenings

Our goal is to support the healthy growth and development of each family. Developmental screenings provide parents with a snap shot of their child's health and developmental progress. By completing screenings, we can help parents understand how their child is growing and identify strengths, abilities, and areas of concern.

Prenatal Group Sessions

Group sessions provide a friendly and welcoming environment that focus on improving prenatal health and pregnancy outcomes. Education is provided in group sessions that aid in expanding a family's circle of support. The sessions provide families with the confidence and the tools they need not only to assure a healthy start for their babies, but to create opportunities for success for themselves as well.

Am I Eligible?

Preconception project: This program is for women who have never been pregnant before or have any children due to miscarriage, abortion, or stillbirth.

Fatherhood Initiative: Any man aged 14-60, lives in Muscogee County, and is expecting a baby or parenting a child 0 to 18 months.

Healthy Start: Enrollment is open to women who are currently pregnant and families/caregivers of children 6 months and under.

FATHERHOOD INITIATIVE

Georgia Strong Families' Fatherhood Initiative aims to empower men to be knowledgeable, active, and emotionally engaged with their child. Our program is designed for dads, expecting fathers, and male figures in Muscogee County who wish to learn more about responsible fatherhood skills, traits, and practices.

This 12-week program covers the 24/7 Dad Curriculum and participants are provided with information on local resources and services, networking opportunities, and a job fair. Sessions are held every week on Thursdays from 6pm to 8p. Please call for more information about enrollment.

