

# Macon County

## Population Groups

Total Population\*

# 12,712

36% White  
60.6% Black  
3.4% Other

\*4.5% of population identify as Hispanic



17.6% <18    36.5% 18-44    26.4% 45-64    18.7% 65+

## Health Summary

County Health Ranking  
**149 out of 159** Georgia counties

# 31%

Report Poor or Fair Health  
(19% for Georgia)



5.7 Days Poor Physical Health per Month  
(4.1 for Georgia)

5.8 Days Poor Mental Health per Month  
(4.8 for Georgia)

Premature Death Rate - 12 per 100 persons  
(8 per 100 for Georgia)

## Health Factors



60% Children in Single-parent Households  
(30% in Georgia)



18% Uninsured  
(16% in Georgia)



6.3% Households with 0 Vehicles Available  
(3% in Georgia)



45.5% < High School Education  
32.5% High School Education  
22% Greater than High School



28.6% Living in Poverty  
38% of all children



4.6% Unemployment Rate  
(3.4% in Georgia)

42% Adults Report Obesity  
(33% in Georgia)

42% Report No Leisure-time Physical Activity  
(27% in Georgia)

41% Have Access to Exercise Opportunities  
(70% in Georgia)

0% Report Limited Access to Healthy Food  
(10% in Georgia)

15% Report Food Insecurity  
(12% in Georgia)

26% of Adults are Smokers  
(17% in Georgia)



## Leading Causes of ER Visits



Unintentional Injuries  
**14.7%**  
(15.6% in Georgia)



Bone & Muscle Diseases  
**10.5%**  
(10.6% in Georgia)



Digestive System Diseases  
**7.1%**  
(6.4% in Georgia)

## Leading Causes of Hospitalization



Digestive System Diseases  
**8.1%**  
(8.6% in Georgia)



Heart Diseases  
**6.7%**  
(5.3% in Georgia)



Blood Poisoning  
**5.9%**  
(6.7% in Georgia)

## Leading Causes of Premature Death



Heart Disease  
**16.7%**  
(16% in Georgia)



Cancer  
**15.6%**  
(17.1% in Georgia)



Unintentional Injuries  
**14.1%**  
(15.1% in Georgia)

## Leading Causes of Death



Cancer  
**18.3%**  
(19.9% in Georgia)



Heart Disease  
**12%**  
(13.5% in Georgia)



Stroke  
**5.8%**  
(5.2% in Georgia)

## Areas of Concern

Source: Data from County Health Rankings and Roadmaps, Health Behaviors, 2022



**Obesity**  
Adult obesity in Macon County in 42% compared to 33% in Georgia and 32% in the U.S.



**Smoker**  
The percentage of adults that currently smoke in Macon County is 26%, while the percentage of adults that currently smoke in Georgia is 17%.

Health district contact information

**833-337-1749**

# Macon County

A Deeper Look at the Health Assessment Data



## Leading Causes of ER Visits



### Unintentional Injuries

Rates 1.2X higher in black than in white; rates 1.2X higher in white females than in white males



### Bone & Muscle Diseases

Rates 1.8X higher in females than in males; rates 2.5X higher in black than in white



### Digestive System Diseases

Rates 1.8X higher in females than in males; rates 1.9X higher in black females than in black males

## Leading Causes of Hospitalization



### Digestive System Diseases

Rates 1.1X higher in black than in white



### Heart Disease

Rates 1.3X higher in males than in females; rates 1.4X higher in white males than in white females; rates 1.4X higher in black males than in black females



### Blood Poisoning

Rates 1.3X higher in black than in white; rates 1.3X higher in black males than in black females

## Leading Causes of Premature Death



### Heart Disease

Rates 1.2X higher in males than in females; rates 1.7X higher in black than in white; rates 1.5X higher in white males than in white females; rates 1.5X higher in black females than in black males



### Cancer

Rates 1.2X higher in females than in males; rates 1.3X higher in white than in black; rates 1.4X higher in white females than in white males



### Unintentional Injuries

Rates 3.8X higher in males than in females; rates 2.0X higher in black than in white; rates 2.7X higher in black males than in black females

## Leading Causes of Death



### Cancer

Rates 1.2X higher in males than in females; rates 1.6X higher in black males than in black females



### Heart Disease

Rates 1.2X higher in males than in females; rates 1.3X higher in white males than in white females



### Stroke

Rates 1.3X higher in black than in white

## Health Assessment Data Sources

County Health Ranking Measures	Data Source
<b>Premature Death:</b> Years of potential life lost before age 75 per 100,000 population (age-adjusted)	County Health Rankings and Roadmaps, Health Outcomes, 2022
<b>Poor or Fair Health:</b> Percentage of adults reporting fair or poor health (age-adjusted)	County Health Rankings and Roadmaps, Health Outcomes, 2022
<b>Poor Physical Health Days:</b> Average number of physically unhealthy days reported in past 30 days (age-adjusted)	County Health Rankings and Roadmaps, Health Outcomes, 2022
<b>Poor Mental Health Days:</b> Average number of mentally unhealthy days reported in past 30 days (age-adjusted)	County Health Rankings and Roadmaps, Health Outcomes, 2022
<b>Adult Obesity:</b> Percentage of adults that report a BMI of 30 or more	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Physical Inactivity:</b> Percentage of adults age 20 and over reporting no leisure-time physical activity	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Adult Smoking:</b> Percentage of adults who are current smokers	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Excessive Drinking:</b> Percentage of adults reporting binge or heavy drinking	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Alcohol-Impaired Driving Deaths:</b> Percentage of driving deaths with alcohol involvement	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Food Environment Index:</b> Index of factors that contribute to a healthy food environment, 0 (worst)-10 (best)	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Access to Exercise Opportunities:</b> Percentage of population with adequate access to locations of physical activity	County Health Rankings and Roadmaps, Health Behaviors, 2022
<b>Uninsured:</b> Percentage of population under age 65 without health insurance	County Health Rankings and Roadmaps, Clinical Care, 2022
<b>Primary Care Physicians:</b> Ratio of population to primary care physicians	County Health Rankings and Roadmaps, Clinical Care, 2022
<b>Mental Health Providers:</b> Ratio of population to mental health providers	County Health Rankings and Roadmaps, Clinical Care, 2022
<b>Dentists:</b> Ratio of population to dentists	County Health Rankings and Roadmaps, Clinical Care, 2022
<b>Severe Housing Problems:</b> Percentage of households with at least 1 of the 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities	County Health Rankings and Roadmaps, Physical Environment, 2022
<b>Leading Causes of ER Visits/Leading Causes of Hospitalizations/Leading Causes of Death</b>	Georgia OASIS (Online Analytical Statistical Information System), OASIS detailed ranking) *certain variables are unavailable due to low values reported
<b>Leading Causes of Premature Death</b>	Georgia OASIS (Online Analytical Statistical Information System), NCHS ranking

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