## YOUR HEALTH AT A GLANCE 2024 update

## Quitman County




Heart Disease
$7.3 \%$
(5.3\% in Georgia)


Bone \& Muscle Diseases 7.3\%
(5.6\% in Georgia)

## Leading Causes of Premature Death



Heart Discase
$18.5 \%$
(16\% in Georgia)


Influenza and
Pneumonia
6.7\%
(NA in Georgia)

## Leading Causes of Death




Heart Disease
$14.5 \%$
(13.5\% in Georgia)


Diabetes

(2.8\% in Georgia)

## Areas of Concern




## YOUR HEALTH AT A GLANCE 2024 update

# Quitman County 

## A Deeper Look at the Health Assessment Data

## Leading Causes of ER Visits



Unintentional Injuries
Rates 1.3 X higher in males than in females

Bone \& Muscle Diseases Rates 1.5 X higher in black males than in black females

## Digestive System

 DiseasesRates 2.2X higher in females than in males; Rates 2 X higher in white than in black; rates 3.8 X higher in white females than in white males

## Leading Causes of Hospitalization

## Leading Causes of Premature Death



## Cancer

Rates 1.7X higher in black than in white; rates 1.5 X higher in white females than in white males; rates 1.3 X higher in black males than in black females


## Heart Disease

 Rates 5.9X higher in males than in females; rates 1.6 X higher in black than in white; rates 3.2X higher in black males than in black females
## Leading Causes of Death

## Cancer

Rates 1.4X higher in males than in females; rates 1.6 X higher in black males than in black females


## Heart Disease

Rates 1.6 X higher in males than females; Rates 2.1X higher in black than in white


## Diabetes

5.5\% due to diabetes; 64\% were male; $72.7 \%$ were white

## Health Assessment Data Sources

| County Health Ranking Measures | Data Source |
| :---: | :---: |
| Premature Death: Years of potential life lost before age 75 per 100,000 population (age-adjusted) | County Health Rankings and Roadmaps, Health Outcomes, 2022 |
| Poor or Fair Health: Percentage of adults reporting fair or poor health (age-adjusted) | County Health Rankings and Roadmaps, Health Outcomes, 2022 |
| Poor Physical Health Days: Average number of physically unhealthy days reported in past 30 days (age-adjusted) | County Health Rankings and Roadmaps, Health Outcomes, 2022 |
| Poor Mental Health Days: Average number of mentally unhealthy days reported in past 30 days (age-adjusted) | County Health Rankings and Roadmaps, Health Outcomes, 2022 |
| Adult Obesity: Percentage of adults that report a BMI of 30 or more | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Physical Inactivity: Percentage of adults age 20 and over reporting no leisure-time physical activity | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Adult Smoking: Percentage of adults who are current smokers | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Excessive Drinking: Percentage of adults reporting binge or heavy drinking | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Alcohol-Impaired Driving Deaths: Percentage of driving deaths with alcohol involvement | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Food Environment Index: Index of factors that contribute to a healthy food environment, 0 (worst)- 10 (best) | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Access to Exercise Opportunities: Percentage of population with adequate access to locations of physical activity | County Health Rankings and Roadmaps, Health Behaviors, 2022 |
| Uninsured: Percentage of population under age 65 without health insurance | County Health Rankings and Roadmaps, Clinical Care, 2022 |
| Primary Care Physicians: Ratio of population to primary care physicians | County Health Rankings and Roadmaps, Clinical Care, 2022 |
| Mental Health Providers: Ratio of population to mental health providers | County Health Rankings and Roadmaps, Clinical Care, 2022 |
| Dentists: Ratio of population to dentists | County Health Rankings and Roadmaps, Clinical Care, 2022 |
| Severe Housing Problems: Percentage of households with at least 1 of the 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities | County Health Rankings and Roadmaps, Physical Environment, 2022 |
| Leading Causes of ER Visits/Leading Causes of Hospitalizations/ Leading Causes of Death | Georgia OASIS (Online Analytical Statistical Information System), OASIS detailed ranking) *certain variables are unavailable due to low values reported |
| Leading Causes of Premature Death | Georgia OASIS (Online Analytical Statistical Information System), NCHS ranking |

